



Hair Trial Preparation Instructions

To ensure that your booking runs smoothly and that the desired results are achieved, please carefully read and follow the outlined instructions below. Please ensure that you supply anyone booked in for services with us a copy of these instructions.

Pre Hair Trial Preparation

1 WEEK BEFORE

- See your hairdresser to have your hair trimmed to get rid of dry and split ends, and regrowth coloured.

THE DAY BEFORE

- Please ensure that you wash your hair one day prior to your trial booking – morning is preferable. DO NOT wash your hair the day of your booking as it will be too slippery to style. We will be using a dry shampoo on everyone to remove oils and add texture to your hair prior to styling.
- Wash your hair by doing two shampoos to one conditioner.
- Do not use commercial products such as Pantene, Palmolive, Garnier, Garnier Fructis, Tresemme, SunsilK, etc, as these products contain silicone and will make hair too soft and slippery to work with. Please ensure you use a professional brand shampoo and conditioner from your hairdresser. If you do purchase from a supermarket please ensure you choose a professional brand such as Schwarzkopf.
- Please do not apply any products to the hair e.g. serums, smoothing creams, argon oil, leave in conditioners, etc. We will add the necessary products to your hair on the day.
- After washing your hair, blow-dry your hair as smooth as possible. DO NOT use a straightening iron over it. If you cannot blow-dry your own hair please have your hair professionally blow-dried or advise us and we will book you in for a blow-dry on the day of your booking, allowing appropriate time and charging accordingly.
- If you have short hair (above chin in length) and are booked in for a blow dry and style, you may wash your hair the morning of your appointment and present with wet hair. DO NOT apply any products to your hair.
- If you have naturally curly hair that you wish to retain for your style, please contact us for instructions.

ON THE DAY

- Wear a loose top that buttons or zips up and does not need to be pulled over your head when changing. DO NOT wear tops or dressing gowns with collars or hoods as these make hair at the nape of your neck fuzzy. No woollen clothing is to be worn near the nape area.
- Avoid applying face creams and products near the hairline.

WHAT TO BRING

- A hard copy of your 'Wedding Questionnaire'.
- Pictures of the bride and bridesmaids' gowns
- Pictures of hair looks that you like. Ensure that you choose photos of people with the same length hair as yourself.
- Any veils, hairpieces and jewellery that will be worn by the brides and bridesmaids.
- Any other information that demonstrates the style of your wedding. These items will allow me to visualise your ideas for your makeup and design a look around the style of your wedding.

PLEASE NOTE: At the time of booking, clients are given a start time for their booking. We require everyone who is having hair services done by us to be present at the booking location by the start time. It is the booking client's responsibility to ensure that everyone arrives on time. If persons are late we will do our best to accommodate them, but cannot guarantee we will be able to do their hair.



Makeup Trial Preparation Instructions

To ensure that your booking runs smoothly and that the desired results are achieved, please carefully read and follow the outlined instructions below. Please ensure that you supply anyone booked in for services with us a copy of these instructions.

Pre Makeup Trial Preparation

1 WEEK PRIOR

- Avoid salty foods, excessive carbohydrates, alcohol, and caffeine, as these will have adverse effects on your skin.
- Try not to overdo your exercise the week before your booking as this will cause your body to retain water and can result in a puffy face and eyes.

3 DAYS PRIOR

- Please ensure that your facial hair and eyebrows are groomed prior to your booking. This needs to be done at least 3 days out from your makeup booking as makeup will not adhere to freshly waxed skin.

2 DAYS PRIOR

- If you are planning on having a spray tan you will need to do this two days out. We recommend that you only go 1 to 2 shades darker than your natural skin colour. Look for a tan that is green based as these are more natural, and won't look orange. Ensure your spray tanner gives your face a light spray. If having a spray tan for your wedding ensure you also have one for your trial. Changes to your skin colour on your wedding day will result in changes needing to be made to the makeup look designed at your trial. We offer 'Ecotan' spray tans which are very natural looking, cruelty free, vegan, and 100% organic. Contact us to make your appointment.

THE MORNING OF YOUR BOOKING

- Cleanse and lightly exfoliate your face and décolletage and follow with a moisturiser, as this will help makeup go on smoothly and adhere for longer.
- Exfoliate lips with warm water and your toothbrush, and follow with the application of a lip balm.
- Please do not apply any makeup. This includes mascara.

Wear a loose top that buttons or zips up and does not need to be pulled over your head when changing.

WHAT TO BRING

- A hard copy of your 'Wedding Questionnaire'.
- Pictures and material swatches of the bride and bridesmaids' gowns
- Pictures of makeup looks that you like. Ensure that you choose photos of people with the same hair, skin and eye colour as yourself.
- Any other information that demonstrates the style of your wedding. These items will allow me to visualise your ideas for your makeup and design a look around the style of your wedding.

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Hair Booking Preparation Instructions

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Pre Booking Hair Preparation

6 MONTHS PRIOR

- To get your hair in optimal condition for your special occasion begin weekly hair masks. Ensure that you purchase these from your hairdresser as they will be able to supply you with salon quality products that will be beneficial to your hair.
- If you are wanting to change your hair colour, now is the time to start the process. This will allow yourself and your stylist time to get your hair to exactly how you want it for your day.
- It is important to drink lots of water, eat a balanced diet, and to get plenty of sleep.

1 WEEK BEFORE

- See your hairdresser to have your hair trimmed to get rid of dry and split ends, and regrowth coloured.

THE DAY BEFORE

- Please ensure that you wash your hair one day prior to your booking – morning is preferable. DO NOT wash your hair the day of your booking as it will be too slippery to style. We will be using a dry shampoo on everyone to remove oils and add texture to your hair prior to styling.
- Wash your hair by doing two shampoos to one conditioner.
- Do not use commercial products such as Pantene, Palmolive, Garnier, Garnier Fructis, Tresemme, Sunsilks, etc, as these products contain silicone and will make hair too soft and slippery to work with. Please ensure you use a professional brand shampoo and conditioner from your hairdresser. If you do purchase from a supermarket please ensure you choose a professional brand such as Schwarzkopf.
- Please do not apply any products to the hair e.g. serums, smoothing creams, argon oil, leave in conditioners, etc. We will add the necessary products to your hair on the day.
- After washing your hair, blow-dry your hair as smooth as possible. DO NOT use a straightening iron over it. If you cannot blow-dry your own hair please have your hair professionally blow-dried or advise us and we will book you in for a blow-dry on the day of your booking, allowing appropriate time and charging accordingly.
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- If you have naturally curly hair that you wish to retain for your style, please contact us for instructions.

ON THE DAY

- Wear a loose top that buttons or zips up and does not need to be pulled over your head when changing. DO NOT wear tops or dressing gowns with collars or hoods as these make hair at the nape of your neck fuzzy. No woollen clothing is to be worn near the nape area.
- Avoid applying face creams and products near the hairline.
- On the day we will need an indoor area to apply makeup and / or style hair, with lots of natural light, a kitchen height and size table to place supplies on, and a large mirror to work in front of for hair. The table needs to be placed up against a big window and covered with old towels. Please ensure this is set up prior to our arrival.

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Makeup Booking Preparation Instructions

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Pre Booking Makeup Preparation

6 MONTHS PRIOR

- Now is the time to start a good skin care regime. Ensure that you are cleansing your face morning and night and following with a moisturiser. Exfoliate twice a week, and use a mask once a week. Moisturise your lips with a good vitamin E lip balm every night before bed. We recommend that you contact your Beauty Therapist to discuss your skin care regime and products.
- Ensure that you are using professional products, such as Ultracuticals or Miessence, which are available from your Beauty Therapist.
- Avoid the use of non-professional products such as those purchased from Priceline, supermarkets and chemists. Non-professional products contain ingredients that are harmful to your skin.
- Book in with your Beauty Therapist for a series of facial treatments leading up to your big day. Makeup will adhere better and look more flawless on skin that has been well cared for.
- It is important to drink lots of water, eat a balanced diet, and to get plenty of sleep.

1 MONTH PRIOR

- Avoid trying new products.
- Consider wearing extra sun protection to avoid getting burnt and having tan lines on your day.

1 WEEK PRIOR

- Avoid salty foods, excessive carbohydrates, alcohol, and caffeine, as these will have adverse effects on your skin.
- Try not to overdo your exercise the week before your booking as this will cause your body to retain water and can result in a puffy face and eyes.

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